

Meet the Teacher



About Me

Hello, my name is Ms. Wilson, a Health/PE teacher! I am entering my 4th year as a Swann Lion! I am a graduate of the Illustrious North Carolina Agricultural and Technical State University (AGGIE PRIDE!!). I enjoy watching basketball and football games. R&B and Hip-Hop are my favorite genres of music. During my free time I enjoy doing yard work and spending time with my family and friends!

Course Overview

The course provides students with physical education, health education, and physical activity programs. This allows students to learn about a variety of sports and sports related movements. There is an emphasis on active participation and positive interactions. The goal is to motivate students to pursue lifetime personal wellness.

Grading Rubric

- Independent Practice-50%
- Quizzes- 30%
- Tests- 20%

Students will have a minimum of 18 assignments per quarter.

Expectations

Come with an open mind to participate and learn new things!

A-Act Safely

B- Be prepared and be positive

C-Cooperate

D- Do your best

Materials Needed to be successful

PE- Come dressed for physical activity!
Sneakers, Sneakers, Sneakers!

Health- Tablet, Pencil/Papers

Contact information:

Phone: 336-370-8110

Email: wilsonj3@gcsnc.com

Parent contact method: **Remind-**(text @ha677b to the number 81010) or **Email**